

4th Edition—Summer 2016



Peak to Peak

Where to Get Help Guide

Prepared by:
Peak to Peak Housing & Human Services
Task Force



Foothills United Way

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ACCESS TO GENERAL INFORMATION

WWW. Boulder County Help.Org

A web portal with links to all kinds of services and support: Mental Health, Caregivers, Seniors, Disabled people, Parents & Teens, Veterans. Also the County's complete resource book. See also www.bouldercountyhc.org

EMERGENCY FUNDS & SUPPORT ADVISOR

Kristi Venditti, Mountain Resource Liaison, EFAA

720-336-2326 kristi@efaa.org

Services: Kristi is locally based and visits clients in the mountain communities on behalf of the Emergency Family Assistance Association (See **EMERGENCY FUNDS**, below).

HOUSING AND FINANCES COUNSELOR

Becky Thelen, AFC, Boulder County Health & Human Services

720-564-2279 email: bthelen@bouldercounty.org

Services: Counseling & advice on housing, student loans, mortgages, foreclosures, credit & debt problems, money management. Becky also represents the "Healthy Kids, Healthy Communities" program.

DIAL 2-1-1

United Way's 2-1-1 is a free, multilingual service that is staffed and available 24 hours a day/ 7 days a week and refers callers to non-emergency health and human services along the Front Range.

INTER MOUNTAIN ALLIANCE

Amy Hardy, ahardy105@yahoo.com

The Inter Mountain Alliance is an advocacy group of mountain mayors and community leaders who meet once a month. This group focuses on connecting our mountain communities and emergency preparedness.

PEAK TO PEAK HUMAN SERVICES TASK FORCE

Dale Porter, Help Guide editor. dale.porter819@gmail.com

An organization of human service organizations and agencies that meets once a month to share information, expand services to mountain residents, annually publishes this guide, and has a human services fair around Thanksgiving in Nederland.

COLORADO WORKS/TEMPORARY AID TO NEEDY FAMILIES

(TANF) is a package of federally-funded programs for everything from dental

aid to child support & rent support, operated by Boulder County Health and Human Services. Go to:

<http://www.bouldercounty.org/family/financial/pages/hhstanf.aspx>

to see if you are eligible, and how to register.

PEAK: www.coloradopeak.secure.force.com is an online service for Coloradans to screen and apply for medical, food, cash and child care assistance.

ADDICTIONS

ALCOHOLICS ANONYMOUS / AL-ANON

Meetings

326 Hwy. 119, Nederland: **St RITA'S CATHOLIC CHURCH**

Tuesdays and Fridays, 7:00 p.m.

646 Hwy. 119 South, Nederland/ **NEDERLAND VETERINARY HOSPITAL**

(Doc Joe's, around back) Thursdays, 8:00 p.m.

BOULDER COUNTY ADDICTIONS RECOVERY CENTER

303-441-1275 / BoulderCountyARC.org

(now under *Boulder County Mental Health Partners* at 303-443-8500)

3470 N. Broadway, Boulder

Monday - Friday 8:00 a.m. - 4:30 p.m.

Services - Intensive Residential Detox programs, Outpatient Adult programs, specialized programs for women, Specialized Teen programs, Transitional Residential treatment.

*Sliding Fees Scale.

ANIMAL RESCUE & REHABILITATION

BOULDER COUNTY ANIMAL CONTROL

303-441-3626

Services – Investigation and reports of animal injury, abuse and neglect.

GREENWOOD WILDLIFE REHAB CENTER

303- 545-5849 / greenwoodwildlife.org

For emergencies during business hours (9 a.m. - 4 p.m., 7 days a week)

Emergency Hotline at (303) 823-8455

COLORADO HORSE RESCUE 10386 N. 65th Street,

Longmont 720-494-1414 / chr.org

A non-profit that provides shelter, care, and rehab for horses

CHILDCARE

ASPEN GROVE COMMUNITY PRESCHOOL

303-258-0390 / aspengrovespreschool.org

391 W. 1st Street, Nederland (above RTD parkNride)

Monday - Friday, 7:30 a.m. - 5:30 p.m.

Services - Children 2.5 years of age through 6 years of age.

CCAP/Private pay

CARIBOU MOUNTAIN PRESCHOOL

Nederland Elementary School (BVSD calendar)

303-258-7092

Tuesday – Friday, half & full days

8:15 a.m. - 11:10 a.m. and/or 12:10 p.m. – 3:05 p.m.

Services - 3 and 4 year olds. *Sliding Scale / Private pay / Free to qualifying families

LITTLE BEAR PRESCHOOL 303-258-3036

575 Hwy. 72, Nederland

Monday – Friday 8:00 a.m.-3:00 p.m. Aftercare - 3 p.m.-5 p.m.

Services - Walking 1-year-olds thru preschool

Childcare, toddler, preschool programs, licensed to 7 years old *CCAP,
Private Pay

WILD BEAR MOUNTAIN ECOLOGY CENTER

303-258-0495 / wildbear.org

20 Lakeview Dr. Caribou Shopping Center, Nederland Monday – Friday 8 a.m.
- 5:30 p.m.

Services - Year-round licensed school age childcare ages 5 and older. Providing environmental education programs, workshops and special events. Summer camp programs.

*CCAP, Sliding Scale, Scholarships, Private pay

EAGLES NEST EARLY LEARNING CENTER

303-582-0895 / eaglesnestelc.org

10655 Highway 119 Black Hawk, CO 80422 Next to Gilpin RE-1 School . Mon - Fri
7 a.m. - 6 p.m.

Services - Infant, Toddler, Preschool (8 weeks of age thru 3 years of age).

*CCAP, Sliding Scale, Private pay payment options

CLOTHING

NEDERLAND COMMUNITY CLOTHING CLOSET

Nederland Community Center

303-258-9721 / www.nederlandcommunitycenter.org

[Facebook.com/Nedcommunityclothingcloset](https://www.facebook.com/Nedcommunityclothingcloset).

750 Hwy 72 North, West Wing, first door on west end.
10a.m. – 12 Saturdays and the 1st & last Thursday each month.
(closed 6/1/16-8/4/16) (All volunteer staff: that means that sometimes the Closet is closed)

Services - Clean, gently-used free clothing for all ages

ALLENSPARK COMMUNITY CLOTHES CLOSET

Allenspark Old Gallery 14863 Colorado Highway 7, Allenspark
(303) 747-2906 / www.theoldgallery.org

1st and 3rd Wednesday 3 -5 p.m. AND anytime The Old Gallery is open.

Services - Clean, gently used clothing. *Donation based pay scale, pay what you can

DENTAL

DENTAL AID

303-499-7072 / www.dentalaid.org

4155 Darley Ave, Boulder

Monday - Friday 8:30 a.m. – 5 p.m.

Services - Cleanings, X-Rays, Exam; General Dentistry; Complete Restoration, Sealants; Extractions; Fillings, Crowns; Bridge and Partials; Orthodontia.

*Reduced Fees schedule, CHP+, Medicaid accepted

DISABILITIES

CENTER FOR PEOPLE WITH DISABILITIES (CPWD)

Main building in Longmont. Boulder Center, 1675 Range St.

303-442-8662 info@cpwd.org Open M-Th 8:30-5, F 8:30-12

Services for all types of disabilities.

ENSIGHT SKILLS CENTER

(At the Eye Care Center of Northern Colorado)-

300 Exempla Circle Suite 120. *Lafayette*, CO 80026

303-757-4500. Accredited, professional low vision services to enhance the lives of those who are struggling with vision loss.

AUDIO INFORMATION NETWORK OF COLORADO

Fort Collins-based radio programs in English and Spanish. News, household tips, etc.

Website: www.aincolorado.org

DISASTER INFORMATION

OFFICE OF EMERGENCY MANAGEMENT (OEM)

303-441-3390 / boulderoem.com 3280 Airport Rd, Boulder, CO 80301

Services - Current information about emergencies occurring in our communities; Sign up for emergency messages via phone, cell, text, email and access the Emergency Preparedness Guide

BOULDER COUNTY EMERGENCY

Dial 9-1-1. For non-emergencies, please call dispatch at 303-441-4444.

Find more info & sign-up for emergency alerts at

www.bouldercounty.org/safety/emergency

LONG-TERM FLOOD RECOVERY GROUP

303-442-2178 / bocofloodrecovery.org

1500 Kansas Ave. Suite 1B Longmont, CO 80501

Services - Provides Case Management and financial assistance

BOULDER COUNTY LIVE AUDIO FEEDS

broadcastify.com/listen/ctid/247

ROAD CONDITIONS

cotrip.org/roadconditions.htm

FOR BOULDER COUNTY EMERGENCIES:

<http://maps.bouldercounty.org/iemcop/>

FOR FIRES

activefiremaps.fs.fed.us/data/activefiremaps.jpg www.fs.usda.gov/alerts/

FOR NEDERLAND

www.nederlandco.org

www.nedweather.com/Nederland-Weather-Forecast.aspx

FOR MAGNOLIA ROAD

Magnolia Road News www.facebook.com/groups/419531618098523

www.facebook.com/groups/magnolia.road.news (Membership required on group pages)

FOR WARD AND JAMESTOWN

www.quicktopic.com/19/H/ttG9iqmEC2K/

FOR GILPIN/JEFFCO

gilpinsheriff.wordpress.com

jeffcosherriff.blogspot.com (only activated in emergencies)

DOMESTIC VIOLENCE/ VICTIMS OF VIOLENCE

FOR IMMEDIATE HELP DIAL 9-1-1

BLUE SKY BRIDGE

303-444-1388 / www.blueskybridge.org

Monday – Friday 8:30 a.m. - 5 p.m.

Services - Provides child victims and their families with support in a safe and child focused environment. Forensic interviews with child victims of abuse, neglect, or who witness violent crimes, support services for non-offending care givers including crisis intervention, therapy referrals, and assistance with victim compensation. *All services are free of charge

SAFEHOUSE PROGRESSIVE ALLIANCE FOR NONVIOLENCE

24-hour crisis hotline: 303-444-2424

303-449-8623 / www.safehousealliance.org 835 North Street, Boulder CO, 80304

Services - For female survivors of domestic violence and their children impacted by domestic or dating violence.

EMERGENCY FUNDS

EMERGENCY FAMILY ASSISTANCE ASSOCIATION (EFAA)

303-442-3042 / efaa.org 1575 Yarmouth Ave, Boulder

Monday, Tuesday, Thursday, Friday, 9:30 a.m. – 4 p.m. and
Wednesday Noon – 4:00pm

Services - Assistance with minor medical costs, short-term and transitional housing programs, housing deposit and rent assistance, assistance with energy-related utilities: gas, electric, propane, food and transportation assistance.
(Boulder County residents only)

EMPLOYMENT

WORKFORCE BOULDER COUNTY

303-413-7555/ wfbc.org

2520 55 th Street, Suite 100 Boulder

Monday – Friday 8 a.m. - 4:30 p.m.

Services - Computer Resource Center, Assessment Tools, Career Counseling. Referrals to job openings, training scholarships, development workshops; resume writing, interviewing skills, job Seeker events page for job fairs and informational sessions

CONNECTING COLORADO

www.connectingcolorado.com

Statewide on-line job search site with numerous filters by city and county

FAITH-BASED SERVICE GROUPS

NEDERLAND COMMUNITY PRESBYTERIAN CHURCH

303-258-3579 / nederlandcpc.org 210 N. Jefferson Street

Rev. Hansen Wendlandt

Services - Deacon's Fund offers financial and support assistance to individuals and families experiencing short term financial crisis. Funding assistance in many ways such as: medical bills, auto repairs, home heating assistance, school supplies, childcare, scholarships, grief support; Men's group can offer help with odd jobs like ramps for seniors or home weatherization.

CANYON CARES of COAL CREEK

303-642-3201 / canyoncares.org

Pastor Brian Young

Services - Providing financial and support assistance to individuals and families in Coal Creek Canyon and Nederland experiencing short term financial crisis. Help with housing, heating, food, transportation, health expenses, school supplies.

FAMILIES WITH CHILDREN

COLORADO CHILD CARE ASSISTANCE PROGRAM 303-678-6014 /

<http://www.bouldercounty.org/family/financial/pages/ccap.aspx> Provides financial assistance to eligible low-income families needing child care benefits for children from birth to age 12.

If you are eligible, a portion of the total child care cost will be paid.

*You will be required to pay a portion of the childcare costs directly to the provider based on family size and income.

COLORADO WORKS/TEMPORARY AID TO NEEDY FAMILIES (TANF)

A federal program that provides cash assistance to needy families with dependent children. An application for Colorado Works is also considered for food assistance, Medicaid, and child support services. Child care assistance, transportation, job training and other supportive services are available for job seekers. Dental services are especially helpful.

Visit Boulder Co. Housing & Human Services,

<http://www.bouldercounty.org/family/financial/pages/hhstanf.aspx>

to see if you are eligible and to apply.

NED MAMAS

www.nedmamas.com

Nedmamas (includes Papas, too) can help through reaching out to one another about child rearing or behavior, locating a healthcare provider, finding out about family-related events in the area, and to buy/sell child related items. Must apply for access. Formatted as a discussion group/ mailing.

FOOD BANKS

ALLENSPARK COMMUNITY CUPBOARD

Linda White, stvrain3@aol.com, 303 747 9172

14863 Hwy 7 – Allenspark Old Gallery

1st and 3rd Wednesday, 2-4 p.m.

Services - No questions asked - open to anyone who needs assistance with food fresh produce, meats, as well as non- perishables. Deliveries can be made if needed.

GILPIN COUNTY FOOD BANK

Gilpin County Justice Center 2960 Dory Hill Road, Suite 100

Tuesday and Thursday 1:30 - 4 p.m.

LOVIN' CUP COMMUNITY SOUP KITCHEN

303-258-1113

The Deli at 8236, 34 E. First St, Nederland Every other Monday, 6:00 to 8:00 p.m. Free nutritious meal in a social setting for the community and for those in need

NEDERLAND FOOD PANTRY

Nederland Community Center 720-418-0892

750 Hwy. 72 North www.nederlandfoodpantry.org

1st and last Thursday of the month, 10 a.m- Noon Saturdays 10 a.m.- Noon

Check in at multipurpose room on 2nd level of Community Center Sign in with name, address, phone number, number of related people in household, bring photo I.D. Some availability of special dietary foods: diabetic, gluten-free items

PASTOR'S PANTRY COMMUNITY FOOD DISTRIBUTION

303-642-3201 / 73 Gross Dam Rd.

Whispering Pines Church (Behind United Power in Coal Creek Canyon) Every Wednesday, 3 - 5 p.m.

SUPPLEMENTAL NUTRITION ASSISTANCE PROGRAM (SNAP)

(Formerly known as Food Stamps)

coloradopeak.secure.force.com

Services -Assists individuals and families with a portion of their monthly food costs.

A Quest EBT Card is issued, which looks and works like a debit card at a grocery store checkout counter.

SUMMER SOCKS & SANDWICHES

Nederland Presbyterian Church, Hwy 72 at Jefferson St. Free meal for families, campers, and other folks. Also socks, hygiene items & trash bags. Thursdays at noon between Memorial Day and Labor Day.

HEALTH INSURANCE

CONNECT FOR HEALTH COLORADO

Health Coverage Guide services for Boulder County

303-441-1000 / healthcoverage@bouldercounty.org

Connectforhealthco.org 1-855-752-6749

3460 Broadway, Boulder, 80304

Monday-Friday 8 a.m. - 4:30 p.m.

Services - Assistance with Connect for Health Colorado, including: account creation, selecting a health insurance plan, applying for a tax credit and other forms of financial assistance enrolling in a plan, trouble-shooting problems community outreach and presentations on Connect for Health Colorado. FREE in-person appointments are available in Boulder no charge for services

Health Coverage Guide for Gilpin and Clear Creek Counties 720-244-5575

/ debby@mrcco.org www.connectforhealthco.com 1-855-752-6749

Monday and Wednesday 8 - 4 p.m. in the Human Services department at the Justice Center in Black Hawk.

Tuesday and Thursday in in the Human Services department at the Resource Center in Idaho Springs 8 a.m. - 4 p.m.

Friday- in Georgetown at different locations 8 a.m. - 4 p.m.

Services - Assistance with Connect for Health Colorado processes, including: account

creation, selecting a health insurance plan, applying for a tax credit and other forms of

financial assistance enrolling in a plan, and trouble- shooting problems

community outreach and presentations on Connect for Health Colorado.

Telephone assistance and in-person appointments- no charge for services

HOUSING

BOULDER COUNTY 303-441-3929 / bouldercounty.org:

FEDERAL PROGRAMS

How it works: Apply through Boulder County Housing to put your name on a Wait List. You will be contacted, as units become available. Units generally become available every 3-5 years.

Subsidized: pay 30% of gross income

Affordable: pay fixed rent below local market rate Section 8: Secure own housing. Must earn at or below 50% of the Area Median Income. Pay the difference between the subsidy and rent amount, generally 30% of gross income.

Nederland Public Housing

Bouldercounty.org/doc/hhs/hhsrentappeng.pdf

1) Prime Haven: Subsidized housing for seniors (60+), and adults with physical disabilities (6 units) Application:

www.bouldercounty.org/doc/hhs/waitlistapplicationupdatedprime_haven.pdf

- 2) Rodeo Court: Affordable housing (four 2 bedroom and two 3 bedroom units) for families
- 3) Beaver Creek Apts: Affordable/Section 8 apts.(1 bedroom units) for adults (12 units)

HOUSING SUBCOMMITTEE, PeakToPeak Human Services Task Force.
Advocates for housing policy & practice; connects people to existing programs; volunteers do weatherization and maintenance. For help email Hansen Wendlandt, ncpcpastor@gmail.com

LEGAL AND PROTECTIVE SERVICES

ADULT PROTECTIVE SERVICES

Monday - Friday 8:30 a.m. to 4:30 p.m. Weekends and after-hours: 303-441-4444

Services- Investigates allegations of abuse, neglect, financial exploitation of at-risk adults. (*Boulder County residents only*)

CHILD PROTECTIVE SERVICES 303-441-1000

Monday - Friday 8:30 a.m. to 4:30 p.m.

Services - Investigates allegations of child abuse and neglect. (*Boulder County residents only*)

BOULDER COUNTY LEGAL SERVICES

303-449-7575 / coloradolegalservices.org 315 W. South Boulder Road #205, Louisville Mon– Fri 8:30 a.m.-5 p.m.

Services - Access to high-quality, civil legal services for low-income and vulnerable populations. * Reduced Fees Schedule

FAMILY COURT FACILITATOR

303-441-3739 (leave a message) 1777 6th St, 3rd floor, Boulder Monday - Thursday 8:30 a.m.– 4 p.m. (Thursdays at Noon in Courtroom J) Fridays 8:00 a.m. – Noon

Services – Mediation, Forms and Assistance, Divorce/Custody Orientation
*Free service (*Boulder County residents only*)

MEDICAL

CLINICA FAMILY HEALTH SERVICES

(formerly *People's Clinic*) **303-650-4460 / clinica.org**

2525 13th Street, Boulder

Mondays, Wednesdays, Fridays 8 a.m. - 5 p.m.

Tuesdays & Thursdays 8 a.m. - 8 p.m.

Services - General medical services, adults and pediatric, immunizations and

vaccinations, obstetrics and gynecology, acute, chronic, and preventive care, routine check-ups, physicals, health screenings, family planning and birth control, some mental health services and dental services (available for registered patients). *Most medical insurance including Medicare accepted. CHP+, Medicaid, CICIP (CO Indigent Care Program) and sliding fee scale (proof of income needed).

COLUMBINE FAMILY CARE—DR. MICHAEL CAMARATA

20 Lakeview Drive #204 (via Big Springs Drive) 303-258-9355

Dr. Camarata is a family physician offering personalized care and a full spectrum of medical services to his clients including testing and referrals.

PLANNED PARENTHOOD OF THE ROCKY MOUNTAINS

303-447-1040 / pprm.org

2525 Arapahoe Ave, Unit C200, Boulder

Mon 9 a.m -7 p.m. Tues 9 a.m.- 6 p.m. Wed 11 a.m.-6 p.m.

Thurs/Fri 9 a.m.- 5 p.m.; Sat 9 a.m.-1 p.m.

Services - Emergency contraception, general gynecology, abortion services, education referrals, STD testing, treatment, vaccines. All services at this health center are available on a walk-in basis. Scheduled appointments are also available. Not all services are available every day.

*Credit and Debit cards / Cash, Checks, Money Orders / Medicaid / Insurance

BOULDER COUNTY AIDS PROJECT

303-444-6121 / bcap.org

2118 14th Street, Boulder

Monday – Friday, 9 a.m. – 5:30 p.m.

Services- Free HIV testing; confidential services and case management.

MENTAL HEALTH

PEAK TO PEAK COUNSELING

303.258.7454 / peaktopeakcounseling.com /

amy@peaktopeakcounseling.com

159 West 2nd St. (Hwy72 N) Nederland, CO 80466

Services- Counseling for children, teens, adults, families and couples and group sessions on a variety of topics. *Sliding scale based on need.

BOULDER INSTITUTE FOR PSYCHOTHERAPY AND RESEARCH

303.442.4562 / bipr.org 1240 Pine Street, Boulder CO. 80302

Services- Counseling to children, adolescents, adults, families and couples
Psycho-educational and diagnostic testing.

*\$15-25/hour, sliding fee scale, scholarships also available

MENTAL HEALTH PARTNERS

303-443-8500 / mhpcolorado.org

- **24 Hour Psychiatric Crisis Line - 303-447-1665**
- **MESA Rape Crisis Line – 303-443-7300 1333 Iris Ave, Boulder**
Services- Comprehensive psychiatric services for individuals, families, children, adolescents. Outpatient & inpatient programs. School-based and home-based programs. *Fee structure based on ability to pay

SENIOR REACH

Senior Reach identifies older adults who may need emotional or physical support and/or connection to community services. It's a simple way to help older adults get assistance before a serious crisis develops.

1-866-217-5808 www.seniorreach.org/jc

ALZHEIMER'S ASSOCIATION Helpline: 1-800-272-3900

Information, classes and support for Dementia/Alzheimer's

SENIOR SERVICES

BOULDER COUNTY AREA AGENCY ON AGING

Main Contact: Colleen Sinclair, Mountain Options Counselor

Direct Line: 303-441-4692 Help Line: 303-441-1617

Services- Provides consultations to older adults and family caregivers on matters related to aging and caregiving. These services are provided at no charge and there are no income eligibility requirements.

NEDERLAND

Nederland Community Center 750 Hwy 72 North

303-258-3068 / Mon. & Wed. 9 a.m. - 5 p.m.

LYONS 303-823-9016 335 Railroad Av.

Tuesday & Friday 9 a.m. – 5 p.m.

ALLENSPARK: Keith Carr, Aging Resource Consultant kcarr@bouldercounty.org

Fire Station 303-747-2592 Thursdays, 9 a.m. – 5 p.m.

SENIOR NUTRITION

NEDERLAND

Nederland Community Center Multipurpose Room

303-258-0799 / nederlandareaseniors.org /

750 Hwy 72 North Mondays & Wednesdays at Noon

Services- Nutritious meals in a social setting. Reservations are required.

*Requested donation: Age 60+ is \$4 per meal/ under age 60 is \$8.25 per meal.

No senior is turned away for inability to pay. Seniors unable to leave home unassisted may qualify for meal delivery twice a week.

ALLENSPARK 303-747-2888

Memorial Day to Labor Day: Allenspark Community Church. Labor Day to

Memorial Day: Highlands Camp and Retreat Center. Thursdays at Noon
Services - Nutritious meals in a social setting. Reservations required by the preceding Wednesday. * Payment: Seniors (over 60) is \$2.50 and under 60 is \$8.00. No senior is turned away for inability to pay. Seniors unable to leave home unassisted may qualify for meal delivery.

SENIOR WELLNESS PROGRAMS

NederlandAreaSeniors.org--- Nederland Community Center

303-258-0799 / 750 Hwy 72 West

Services - Fitness, pickle ball, writing, art, education, social, and cultural outings. The **Mountain Midlife** program offers social dinners & breakfasts, outings and activities for ages 50+ .

BOULDER COUNTY CARE CONNECT

(303) 443-1933 / www.careconnectbc.org

2540 Frontier Ave., Suite 109 Boulder, CO 80301

Services – **The Fix-it Program** - Experienced Fix-It volunteers provide Boulder with minor home repairs and updates that help prevent falls and accidents while ensuring that seniors and adults with disabilities live comfortably.

Carry-Out Caravan - Once a week, volunteers take and fill the clients grocery orders and deliver the groceries to the clients home.

Medical Mobility - Volunteers use their personal vehicles to escort clients to and from medical appointments.

RSVP 55+ Volunteers -BCCC recruits and places volunteers in organizations throughout Boulder County.

TEMPORARY SHELTER

ATTENTION HOMES

303-447-1206 or 303-447-1207 / attentionhomes.org

1443 Spruce St, Boulder

Services - Attention Homes is a safe resource for youth in crisis providing shelter, structure, and access to crucial services so that homeless and displaced youth can become stable, independent members of our community and achieve their potential.

BOULDER SHELTER FOR THE HOMELESS

303-442-4646 / bouldershelter.org 4869 N. Broadway, Boulder

Year Round Morning Services, 6 - 8 a.m., seven days a week, No advance registration required. Breakfast, showers, access to laundry facilities, mail, and phone messages

Winter Shelter Services – Oct. 1 – Apr. 15. Intake 5 - 7 p.m.

Services - Safe overnight shelter, meals and support services. All residents must be checked in by 7 p.m. unless prior arrangements have been made. In order to stay at the Shelter, residents must abide by basic behavioral rules and be tested for Tuberculosis.

TRANSPORTATION

BOULDER COUNTY CARE CONNECT

(303) 443-1933 / www.careconnectbc.org

2540 Frontier Ave., Suite 109 Boulder, CO 80301

Services - Medical Mobility Program: Volunteers use their personal vehicles to escort clients to & from medical appointments such as routine medical exams, chemotherapy, and dialysis.

REGIONAL TRANSPORTATION DISTRICT

303-299-6000 / www.rtd-denver.com

Free Eco-pass available for residents of the Nederland Library District (for information and eligibility contact Town of Nederland, **303- 258-3266**)

Plan Your Trip

Download the Go Denver Smart Phone Application to search for the cheapest, fastest, and greenest transportation options for each trip using real-time RTD bus information. www.GoDenverApp.com

Access-a-Ride

Access-a-Ride is the federally required ADA paratransit service provided only to those with certified disabilities who are traveling within ¾ mile of a fixed RTD route. ADA service must be provided during the same hours and days of operation of the fixed route. Contact RTD for ADA certification requirements at (303) 299-2960

VIA MOBILITY SERVICES

(303) 447-2848 / www.viacolorado.org 2855 N. 63rd Street Boulder, Co 80301

Paratransit is an on-demand, call-up, door-to-door shared ride program with volunteer drivers. Phone 303-447-2848 ext. 1014 or email mobilityspecialist@viacolorado.org. *Paratransit* operates a one-day-a-week, call-up service around Nederland which includes a monthly trip into Boulder.

Travel Training: trains seniors, disabled, % limited ability riders how to use the RTD and VIA bus/ride system. \$25 registration fee. Phone 303-447-2848 ext.1048 or sunger@viacolorado.org

Family and Friends Mileage Reimbursement

This program reimburses VIA riders for the mileage expenses of family

members, friends or neighbors who provide a qualifying trip when VIA cannot. All requests must be made in advance through VIA's Call Center by calling 303-447-9636. If VIA cannot fit you into the regular schedule, you will be offered this option.

MEDICAID TRANSPORTATION

Veyo-Colorado Non-Emergency Medical Transportation is available for Medicaid-Eligible Medical Trips. To determine whether this service is available to you, visit the Health First Colorado website at www.colorado.gov/hcpt/our-members. To schedule a trip you must call (855) 264-6368 and have the following information:

- The address where we are picking you up
- Your doctor's name and address as well as a telephone number for confirmation of your appointment
- The date and time of your medical appointment along with an estimated time for any return trip.

UTILITIES ASSISTANCE

LEAP (Low Income Energy Assistance Program)

(303) 441-1000 /

www.bouldercounty.org/family/housing/pages/hhsleap.aspx

Services - Assists low-income families and individuals with their heating costs. Applications are taken as of November 1 and the program runs through April 30. Allow 50 days for processing an application. If you receive a shut-off notice after submitting your application immediately contact the local LEAP office.

VETERANS

BOULDER VET CENTER 303-440-7306

4999 Pearl East Circle #106, Boulder, Monday – Friday 8 a.m. - 4:30 p.m.

Services - Counseling for combat vets with PTSD. *Free

BOULDER COUNTY VETERANS SERVICES 303-441-3890 /

www.bouldercounty.org/dept/communityservices

Services - Assists with applying for all benefits

HOMELESS VETS PROGRAM

720-454-9946 / *Services* - Finds stable housing to get military veterans into safe shelter

GILPIN VETERANS SERVICES OFFICE

Gilpin County Justice Center, Rick Winfrey, VSO rwinfrey@co.gilpin.co.us
Veteran Service Office, 2960 Dory Hill Road, Suite 100, Black Hawk, CO 80422

303 582-5444 ext 1103 office; 303-515-4297 direct; 720-254-4060 cell
Tuesday and Wednesday of every week from 9:00 to 4:00 PM or call for appointment.

YOUTH

TEENS, INC. YOUTH & FAMILY CENTER

(303) 258-3821 / teensinc.org / [facebook.com/teensinc](https://www.facebook.com/teensinc)

151 East Street, Nederland Mon – Thurs, 3:30 p.m.–7 p.m. Fri 3:30 – 10 p.m.

Services - Information & referral, teen center, recreation. Provides a safe drug and alcohol free place for teens during to be with friends and adult mentors. Free for 6th graders through 21 years of age. Offers supported youth employment opportunities year-round as well as outdoor leadership programs. **Chinook West Alternative High School**, housed in the TEENS, Inc. building. An accredited, Boulder Valley School District contract school.

TEEN CLINIC @ Boulder Valley Women's Clinic

303-442-5160 / teenclinic.org / Text questions to TC66746

2855 Valmont Rd, Boulder

Mon-Wed 9 a.m –6 p.m. Thursday 2 p.m.–6 p.m. Saturday 11 a.m – 3 p.m.

Services - STD testing/treatment, HPV vaccine (Gardasil), birth control, including free condoms, emergency contraception (EC), yearly checkups, pregnancy testing, HIV testing. (*Services by appointment only*).

WEATHERIZATION PROGRAMS

Boulder County residents:

Longs Peak Energy Conservation, PO Box 471 Boulder CO 80306

Phone: 720-864-6401 or 1-800-200-9006 www.longspeakenergy.org

Makes cost-effective, energy-efficient improvements and upgrades in your home. Free improvements are available to qualifying homeowners and renters with property owner permission. If you currently receive assistance from any of the following programs you qualify automatically for weatherization:

- Low Income Energy Assistance (LEAP); Temporary Assistance for Needy Families (TANF); Supplemental Security Income (SSI); Aid to the Needy and Disabled (AND); Old Age Pension (OAP).

NON-EMERGENCY FIRE & POLICE CONTACTS

PUBLIC SAFETY

Nederland Marshal 303-258-3250 (weekdays)

Sheriff Dispatch 303-441-4444 (after hours)

FIRE DEPARTMENTS

Nederland 303-258-9161

Sugarloaf 303-442-1050
Allenspark 303-747-2586

GILPIN COUNTY HEALTH & HUMAN SERVICES

GILPIN COUNTY DEPARTMENT OF HUMAN SERVICES

Gilpin County Justice Center 303-582-5444 /

www.co.gilpin.co.us/humanservices

2960 Dory Hill Road, Suite 100 Mon - Fri 8 a.m. - 4:30 p.m.

(Leave a message for non-emergencies if no one is available;

For Emergencies, dial law enforcement at 911)

HEALTH COVERAGE GUIDE FOR GILPIN & CLEAR CREEK COUNTIES

[720-244-5575](tel:720-244-5575) / debby@mrcco.org

A part of www.connectforhealthco.com [1-855-752-6749](tel:1-855-752-6749)

Monday and Wednesday 8 - 4 p.m. in the Human Services department at the Justice Center in Black Hawk. Tuesday and Thursday in in the Human Services department at the Resource Center in Idaho Springs 8 a.m. - 4 p.m. Friday- in Georgetown at different locations 8 a.m. - 4 p.m.

Services - Assistance with Connect for Health Colorado processes, including: account creation, selecting a health insurance plan, applying for a tax credit and other forms of financial assistance enrolling in a plan, and trouble- shooting problems community outreach and presentations on Connect for Health Colorado. Telephone assistance and in-person appointments- no charge for services

GILPIN COUNTY FOOD BANK

Gilpin County Justice Center 2960 Dory Hill Road, Suite 100

Tuesday and Thursday 1:30 p.m. - 4 p.m.

ADULT FINANCIAL SERVICES

303-582-5444 - Old Age Pension (OAP), Aid to the Needy Disabled (AD), Aid to the Blind (ABT), and information for the Supplemental Security Income/Colorado Supplement (SSI/CS) programs.

MEDICARE SAVINGS PROGRAMS

303-582-5444 -Medicare Savings Programs help people with low income and asset levels pay for health care coverage including some or all of Medicare's premiums and may also pay Medicare deductibles and coinsurance.

HOME AND COMMUNITY BASED SERVICES

303-582-5444 - Home care and financial assistance is provided on a monthly basis to prevent out-of-home placement of seniors and persons with disabilities living in Gilpin County. Provides an alternative to nursing homes.

SEASONAL FINANCIAL ASSISTANCE HOME HEATING BILLS

303-582-5444 - For low income Gilpin County residents- LEAP can provide information on weatherization and prevention of utility shut-offs. The program runs from November 1 through April 30

CHILD HEALTH PLAN PLUS (CHP+)

303-582-5444 - Child Health Plan Plus (CHP+) is a low cost health insurance program for uninsured Colorado children ages 18 and under whose families earn or own too much to qualify for Medicaid but cannot afford private insurance.

MEDICAID

303-582-5444 - Medicaid is a medical assistance program for eligible low income residents of Gilpin County

COLORADO CHILD CARE ASSISTANCE PROGRAM

(CCCAP) 303-582-5444 - The Colorado Child Care Assistance Program (CCCAP) provides day care financial assistance to families who meet income guidelines.

FOOD ASSISTANCE

303-582-5444 - Programs include Food Stamps and TEFAP commodities for income qualified individuals or families.

COLORADO WORKS

303-582-5444 - The Colorado Works Program serves low income families with children by providing income assistance and supportive services to help participants become and remain self- sufficient.

CHILD PROTECTION PROGRAM

303-582-5444 - Investigation and intervention in suspected cases of child abuse and/or neglect. Reporting person's name remains confidential.

NEW STATEWIDE CHILD ABUSE AND NEGLECT HOTLINE

1-844-CO-4-KIDS (1-844-264-5437)

ADULT PROTECTIVE SERVICES

303-582-5444 - Investigation and intervention in cases of suspected abuse, neglect, or exploitation of seniors. *Confidential

SENIOR SERVICES—GILPIN COUNTY

HOME DELIVERED MEALS

303-582-5444 - Home delivered meals for seniors who are unable to prepare their own meals and who have no household members that can/will prepare nutritionally balanced meals. Meals are delivered Monday through Friday mornings

NUTRITION AND ACTIVITIES

303-582-5444 - Lunches for seniors and their spouses are served twice a week at the Community Center. The Senior Program also provides educational and recreational activities. Call to sign up to be put on the monthly mailing list of calendar of events

TRANSPORTATION

303-582-5444 -Transportation for seniors and their spouses living in Gilpin County including scheduled senior luncheons, grocery shopping, and medical/dental visits. Door-to-door service is provided.

GILPIN COUNTY PROPERTY TAX WORK OFF

303-582-5214 / scate@co.gilpin.co.us **Coordinator - Sharon Cate**

A program to allow senior citizens and disabled taxpayers the opportunity to work on projects in departments in order to pay a portion of their property taxes. For more information contact the Assessor's Office at 303-582-5451.

VICTIM SERVICES

GILPIN COUNTY COMBINED VICTIM SERVICES

Gilpin County Justice Center

303-582-5926 / Afterhours - Gilpin County Dispatch at 303- 582-5511

2960 Dory Hill Road, Suite 300

MENTAL HEALTH

JEFFERSON CENTER FOR MENTAL HEALTH CRISIS Line

Suicide Hotline – 1-800-273-8255 General Information & Appointments –

303-425-0300. Serving Jefferson, Gilpin and Clear Creek Counties.

DISASTER INFO

gilpinsheriff.wordpress.com

jeffcosherriff.blogspot.com (only activates in emergencies)

VETERANS SERVICES

GILPIN VETERANS SERVICES OFFICE

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Tuesday and Wednesday of every week from 9:00 to 4:00 PM or call for appointment.

Our Sponsors

THURSDAYS IN NEDERLAND The Nederland Food Pantry and Community Closet

The Pantry is open the first and last Thursdays of each month 10-noon, and Saturdays 10-noon, in room 106 of the West Wing of the Nederland Community Center. Check in via the Community Room on Thursdays. Local address and ID required.

Community Closet (*Donations & Shopping*) next to the Pantry, is open Saturdays 10 am to 1 pm and on the first and last Thursdays of the month, 10 am to noon. Gently used, freshly laundered clothing available free for all ages in the Peak to Peak Community. Contact Kristi at 720-561-4811 with questions or to volunteer.



BOULDER COUNTY HOUSING AND
HUMAN SERVICES

www.bouldercounty.org

303-441-1000 BOULDER



Get Connected. Get Answers.

2-1-1 is a free, confidential, multilingual service that provides border to border coverage by referring callers to non-emergency health and human services across Colorado.

*Thanks to
The Town of Nederland and
Nederland Community Presbyterian Church*

for hosting the Help Guide on their websites.